FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person     Barravecchia John R					2. Issuer Name and Ticker or Trading Symbol TILT Holdings Inc. [ TLLTF ]									ionship of Reporting Per all applicable) Director		erson(	rson(s) to Issuer	
(Last)	(First)	,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 12/30/2022									Officer (give title below)			Other (specify below)	
C/O TILT HOLDINGS INC. 2801 E. CAMELBACK ROAD #180				[	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person				
(Street) PHOENIX	AZ	8	35016											Form filed by More than One Reporting			Person	
(City)	(State	(2	Zip)															
		T	able I - Nor	-Deriv	ative	Securi	ities Acc	uired, I	Disp	osed o	f, or Be	enefic	ially Ow	ned				
Date				Date	Transaction ate Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispose Code (Instr.		ities Acquired (A) or d Of (D) (Instr. 3, 4 and 5)			5. Amount Securities Beneficially Following F	y Owned or I		nership : Direct (D) lirect (I) . 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	v	Amount	(A (D	() or ()	Price	(Instr. 3 and				(11301.4)
Common Shares, no par value 12/3				12/30/	/30/2022			M		144,121		A	\$0.00	876,009			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Code	4. Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisabl Expiration Date (Month/Day/Year)		7. Title and Amour Securities Underly Derivative Security 3 and 4)		rlying	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transacti	e s lly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	- 1	Amount or Number of Shares		(Instr. 4)			
Restricted Share Units	\$0.00 <sup>(1)</sup>	12/30/2022		М			144,121	(2)		(3)	Comm Shares, par val	no	144,121	\$0.00 288,24		14	D	

## Explanation of Responses:

- 1. Each restricted share unit ("RSU") is equivalent in value to one share of the Issuer's common shares, no par value, at the time of vesting for no consideration.
- 2. The RSUs vested as to 144,121 shares on December 30, 2022, and 144,122 RSUs will vest on March 31, 2023 and 144,122 RSUs will vest on the business day immediately preceding the date of the Issuer's next annual general meeting of shareholders, subject to the Reporting Person continuing as a director on each vesting date.
- 3. RSUs do not expire, they either vest or are cancelled.

/s/ Mark Higgins as attorney-infact for John Barravecchia 01/04/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.